

| Pl | Name | Zeit | | | | | | | | | | | | | | | |
|--|---------------------------|--------------|-----------------|----------------------|--------------|--------------|--------------|--------------|--------------|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--|
| D12 (1) Ann. Teilstr.: 100-Ziel | | | | 1,7 km 20 Hm | | 7 P | | | | | | | | | | | |
| | | 1(57) | 2(54) | 3(36) | 4(47) | 5(45) | 6(50) | 7(100) | Ziel | | | | | | | | |
| 1 | Julia Breitwieser | 16:34 | 1:34 | 5:09 | 7:55 | 11:07 | 12:53 | 15:24 | 16:34 | 17:19 | | | | | | | |
| | Gundelfinger Turne | | 1:34 | 3:35 | 2:46 | 3:12 | 1:46 | 2:31 | 1:10 | 0:45 | | | | | | | |
| D12-begleitet (3) Ann. Teilstr.: 100-Ziel | | | | 1,7 km 20 Hm | | 7 P | | | | | | | | | | | |
| | | 1(57) | 2(54) | 3(36) | 4(47) | 5(45) | 6(50) | 7(100) | Ziel | | | | | | | | |
| 1 | Elfrida Quednau | 23:10 | 1:36 | 7:27 | 10:54 | 14:57 | 18:03 | 21:21 | 23:10 | 24:02 | | | | | | | |
| | TV Mönchweiler | | 1:36 | 5:51 | 3:27 | 4:03 | 3:06 | 3:18 | 1:49 | 0:52 | | | | | | | |
| 2 | Teresa Funk | 24:33 | 2:30 | 8:22 | 12:56 | 15:53 | 19:48 | 23:27 | 24:33 | 25:59 | | | | | | | |
| | OL-Team Filder | | 2:30 | 5:52 | 4:34 | 2:57 | 3:55 | 3:39 | 1:06 | 4:26 | | | | | | | |
| 3 | Livia Bauerfeld | 31:32 | 1:35 | 20:06 | 22:49 | 26:13 | 28:33 | 30:31 | 31:32 | 32:13 | | | | | | | |
| | OL-Team Filder | | 1:35 | 18:31 | 2:43 | 3:24 | 2:20 | 1:58 | 1:01 | 0:41 | | | | | | | |
| D12-BW (5) Ann. Teilstr.: 100-Ziel | | | | 1,7 km 20 Hm | | 7 P | | | | | | | | | | | |
| | | 1(57) | 2(54) | 3(36) | 4(47) | 5(45) | 6(50) | 7(100) | Ziel | | | | | | | | |
| 1 | Julia Fritz | 9:50 | 0:55 | 3:22 | 5:12 | 6:12 | 7:40 | 9:05 | 9:50 | 10:30 | | | | | | | |
| | OL-Team Filder | | 0:55 | 2:27 | 1:50 | 1:00 | 1:28 | 1:25 | 0:45 | 0:40 | | | | | | | |
| 2 | Lotta Dammeier | 10:34 | 0:58 | 3:35 | 5:38 | 6:50 | 8:13 | 9:51 | 10:34 | 11:14 | | | | | | | |
| | SV Wannweil | | 0:58 | 2:37 | 2:03 | 1:12 | 1:23 | 1:38 | 0:43 | 0:40 | | | | | | | |
| 3 | Marlene Fritz | 12:28 | 0:57 | 6:27 | 8:12 | 9:04 | 10:24 | 11:51 | 12:28 | 13:10 | | | | | | | |
| | OL-Team Filder | | 0:57 | 5:30 | 1:45 | 0:52 | 1:20 | 1:27 | 0:37 | 0:42 | | | | | | | |
| 4 | Anja Breckle | 13:08 | 1:16 | 4:11 | 6:40 | 8:11 | 10:03 | 12:06 | 13:08 | 13:51 | | | | | | | |
| | TUS Karlsruhe-Rüp | | 1:16 | 2:55 | 2:29 | 1:31 | 1:52 | 2:03 | 1:02 | 0:43 | | | | | | | |
| 5 | Mara Buser | 14:24 | 1:11 | 6:25 | 9:09 | 10:27 | 12:10 | 13:53 | 14:24 | 15:06 | | | | | | | |
| | OLG Ortenau | | 1:11 | 5:14 | 2:44 | 1:18 | 1:43 | 1:43 | 0:31 | 0:42 | | | | | | | |
| D14 (1) Ann. Teilstr.: 100-Ziel | | | | 2,9 km 85 Hm | | 14 P | | | | | | | | | | | |
| | | 1(57) | 2(33) | 3(44) | 4(56) | 5(52) | 6(58) | 7(60) | 8(74) | 9(73) | 10(41) | 11(47) | 12(48) | 13(45) | 14(100) | | |
| | Ziel | | | | | | | | | | | | | | | | |
| 1 | Genia Zaitseva | 42:00 | 3:06 | 6:54 | 8:56 | 11:50 | 21:37 | 23:52 | 26:10 | 27:31 | 29:52 | 31:08 | 33:33 | 35:58 | 38:18 | 42:00 | |
| | - ohne Verein - | | 3:06 | 3:48 | 2:02 | 2:54 | 9:47 | 2:15 | 2:18 | 1:21 | 2:21 | 1:16 | 2:25 | 2:25 | 2:20 | 3:42 | |
| | | 42:35 | 0:35 | | | | | | | | | | | | | | |
| D14-BW (4) Ann. Teilstr.: 100-Ziel | | | | 2,9 km 85 Hm | | 14 P | | | | | | | | | | | |
| | | 1(57) | 2(33) | 3(44) | 4(56) | 5(52) | 6(58) | 7(60) | 8(74) | 9(73) | 10(41) | 11(47) | 12(48) | 13(45) | 14(100) | | |
| | Ziel | | | | | | | | | | | | | | | | |
| 1 | Chiara Kagelmache | 25:06 | 0:55 | 4:12 | 5:39 | 7:53 | 9:40 | 11:18 | 13:03 | 14:01 | 15:19 | 16:09 | 17:49 | 19:36 | 22:33 | 25:06 | |
| | TV Mönchweiler | | 0:55 | 3:17 | 1:27 | 2:14 | 1:47 | 1:38 | 1:45 | 0:58 | 1:18 | 0:50 | 1:40 | 1:47 | 2:57 | 2:33 | |
| | | 25:45 | 0:39 | | | | | | | | | | | | | | |
| 2 | Nora Schüßler | 25:38 | 0:56 | 4:54 | 6:25 | 8:45 | 10:23 | 11:47 | 13:41 | 14:31 | 16:12 | 17:54 | 19:40 | 21:48 | 23:14 | 25:38 | |
| | Gundelfinger Turne | | 0:56 | 3:58 | 1:31 | 2:20 | 1:38 | 1:24 | 1:54 | 0:50 | 1:41 | 1:42 | 1:46 | 2:08 | 1:26 | 2:24 | |
| | | 26:15 | 0:37 | | | | | | | | | | | | | | |
| 3 | Fiona Schüßler | 26:26 | 1:03 | 4:46 | 6:20 | 8:51 | 10:32 | 11:52 | 14:39 | 15:41 | 17:32 | 18:28 | 20:15 | 21:57 | 23:40 | 26:26 | |
| | Gundelfinger Turne | | 1:03 | 3:43 | 1:34 | 2:31 | 1:41 | 1:20 | 2:47 | 1:02 | 1:51 | 0:56 | 1:47 | 1:42 | 1:43 | 2:46 | |
| | | 27:06 | 0:40 | | | | | | | | | | | | | | |
| 4 | Lola Pichel | 27:02 | 0:51 | 4:53 | 6:33 | 9:14 | 11:14 | 12:47 | 14:34 | 15:50 | 18:05 | 18:57 | 20:52 | 22:34 | 24:22 | 27:02 | |
| | Gundelfinger Turne | | 0:51 | 4:02 | 1:40 | 2:41 | 2:00 | 1:33 | 1:47 | 1:16 | 2:15 | 0:52 | 1:55 | 1:42 | 1:48 | 2:40 | |
| | | 27:38 | 0:36 | | | | | | | | | | | | | | |
| D18-BW (4) Ann. Teilstr.: 100-Ziel | | | | 3,9 km 125 Hm | | 18 P | | | | | | | | | | | |
| | | 1(32) | 2(44) | 3(33) | 4(31) | 5(51) | 6(38) | 7(58) | 8(61) | 9(62) | 10(72) | 11(46) | 12(77) | 13(67) | 14(41) | | |
| | | 15(42) | 16(48) | 17(35) | 18(100) | Ziel | | | | | | | | | | | |
| 1 | Vanessa Pirc | 35:55 | 5:18 | 6:14 | 8:38 | 10:29 | 13:37 | 16:44 | 17:24 | 18:38 | 20:00 | 21:01 | 21:45 | 23:29 | 25:12 | 27:18 | |
| | Gundelfinger Turne | | 5:18 | 0:56 | 2:24 | 1:51 | 3:08 | 3:07 | 0:40 | 1:14 | 1:22 | 1:01 | 0:44 | 1:44 | 1:43 | 2:06 | |
| | | 30:05 | 31:20 | 35:42 | 35:55 | 36:33 | | | | | | | | | | | |
| | | 2:47 | 1:15 | 4:22 | 0:13 | 0:38 | | | | | | | | | | | |
| 2 | Helen Vavra | 47:29 | 4:27 | 6:01 | 8:44 | 13:56 | 19:08 | 21:05 | 22:10 | 24:04 | 25:36 | 27:05 | 27:55 | 30:08 | 32:30 | 35:16 | |
| | Gundelfinger Turne | | 4:27 | 1:34 | 2:43 | 5:12 | 5:12 | 1:57 | 1:05 | 1:54 | 1:32 | 1:29 | 0:50 | 2:13 | 2:22 | 2:46 | |
| | | 39:25 | 41:09 | 46:55 | 47:29 | 48:20 | | | | | | | | | | | |
| | | 4:09 | 1:44 | 5:46 | 0:34 | 0:51 | | | | | | | | | | | |
| 3 | Clara Zühl | 50:10 | 8:37 | 9:56 | 13:17 | 15:27 | 20:14 | 22:12 | 23:02 | 25:09 | 26:46 | 28:06 | 28:48 | 31:36 | 34:18 | 37:08 | |
| | Gundelfinger Turne | | 8:37 | 1:19 | 3:21 | 2:10 | 4:47 | 1:58 | 0:50 | 2:07 | 1:37 | 1:20 | 0:42 | 2:48 | 2:42 | 2:50 | |
| | | 40:57 | 42:30 | 49:21 | 50:10 | 50:55 | | | | | | | | | | | |
| | | 3:49 | 1:33 | 6:51 | 0:49 | 0:45 | | | | | | | | | | | |
| 4 | Helen Pester | 50:47 | 4:42 | 6:24 | 10:22 | 13:50 | 19:21 | 21:54 | 22:51 | 24:47 | 26:15 | 27:40 | 28:46 | 31:06 | 34:34 | 36:59 | |
| | LSG Weiher | | 4:42 | 1:42 | 3:58 | 3:28 | 5:31 | 2:33 | 0:57 | 1:56 | 1:28 | 1:25 | 1:06 | 2:20 | 3:28 | 2:25 | |
| | | 39:55 | 43:00 | 50:15 | 50:47 | 51:28 | | | | | | | | | | | |
| | | 2:56 | 3:05 | 7:15 | 0:32 | 0:41 | | | | | | | | | | | |

| Pl | Name | Zeit | | | | | | | | | | | | | | |
|--|--------------------|--------------------------|-------|-------|-------|-------|-------|--------|-------|-------|--------|--------|--------|--------|---------|-------|
| H12 (3) Ann. Teilstr.: 100-Ziel | | 1,7 km 20 Hm 7 P | | | | | | | | | | | | | | |
| | | 1(57) | 2(54) | 3(36) | 4(47) | 5(45) | 6(50) | 7(100) | Ziel | | | | | | | |
| 1 | Jack Hay | 16:29 | 1:14 | 7:58 | 10:24 | 11:57 | 13:35 | 15:34 | 16:29 | 17:09 | | | | | | |
| | OC München | | 1:14 | 6:44 | 2:26 | 1:33 | 1:38 | 1:59 | 0:55 | 0:40 | | | | | | |
| 2 | Andre Gräf | 25:28 | 2:19 | 9:17 | 12:25 | 19:01 | 21:20 | 23:41 | 25:28 | 26:14 | | | | | | |
| | TUS Karlsruhe-Rüp | | 2:19 | 6:58 | 3:08 | 6:36 | 2:19 | 2:21 | 1:47 | 0:46 | | | | | | |
| 3 | Matthias Funk | 26:34 | 1:51 | 9:28 | 13:39 | 16:08 | 19:34 | 25:26 | 26:34 | 27:01 | | | | | | |
| | OL-Team Filder | | 1:51 | 7:37 | 4:11 | 2:29 | 3:26 | 5:52 | 1:08 | 0:27 | | | | | | |
| H12-begleitet (4) Ann. Teilstr.: 100-Ziel | | 1,7 km 20 Hm 7 P | | | | | | | | | | | | | | |
| | | 1(57) | 2(54) | 3(36) | 4(47) | 5(45) | 6(50) | 7(100) | Ziel | | | | | | | |
| 1 | Daniel Schmidt | 15:23 | 1:29 | 4:16 | 6:14 | 11:28 | 13:15 | 14:45 | 15:23 | 15:46 | | | | | | |
| | TSG 1885 Wiesloch | | 1:29 | 2:47 | 1:58 | 5:14 | 1:47 | 1:30 | 0:38 | 0:23 | | | | | | |
| 2 | Christoph Schmidt | 19:24 | 1:42 | 5:33 | 9:15 | 11:56 | 15:03 | 18:10 | 19:24 | 20:14 | | | | | | |
| | TSG 1885 Wiesloch | | 1:42 | 3:51 | 3:42 | 2:41 | 3:07 | 3:07 | 1:14 | 0:50 | | | | | | |
| 3 | Justus Weber | 21:25 | 1:56 | 6:31 | 10:06 | 14:36 | 16:23 | 19:41 | 21:25 | 22:50 | 12:57 | | | | | |
| | SV Wannweil | | 1:56 | 4:35 | 3:35 | 4:30 | 1:47 | 3:18 | 1:44 | 1:25 | *49 | | | | | |
| 4 | Nepomuk Quednau | 23:06 | 1:35 | 7:32 | 10:45 | 14:21 | 18:17 | 21:16 | 23:06 | 23:50 | | | | | | |
| | TV Mönchweiler | | 1:35 | 5:57 | 3:13 | 3:36 | 3:56 | 2:59 | 1:50 | 0:44 | | | | | | |
| H12-BW (7) Ann. Teilstr.: 100-Ziel | | 1,7 km 20 Hm 7 P | | | | | | | | | | | | | | |
| | | 1(57) | 2(54) | 3(36) | 4(47) | 5(45) | 6(50) | 7(100) | Ziel | | | | | | | |
| 1 | Nico Bauerfeld | 8:42 | 0:50 | 2:52 | 4:41 | 5:23 | 6:43 | 8:09 | 8:42 | 9:27 | | | | | | |
| | OL-Team Filder | | 0:50 | 2:02 | 1:49 | 0:42 | 1:20 | 1:26 | 0:33 | 0:45 | | | | | | |
| 1 | Adrian Breisacher | 8:42 | 0:53 | 3:06 | 4:49 | 5:34 | 6:48 | 8:10 | 8:42 | 9:22 | | | | | | |
| | Gundelfinger Turne | | 0:53 | 2:13 | 1:43 | 0:45 | 1:14 | 1:22 | 0:32 | 0:40 | | | | | | |
| 3 | Kai Breckle | 10:46 | 1:04 | 3:41 | 5:58 | 6:58 | 8:36 | 10:18 | 10:46 | 11:26 | | | | | | |
| | TUS Karlsruhe-Rüp | | 1:04 | 2:37 | 2:17 | 1:00 | 1:38 | 1:42 | 0:28 | 0:40 | | | | | | |
| 4 | Janne Tevini | 11:20 | 1:15 | 4:12 | 6:17 | 7:28 | 9:10 | 10:48 | 11:20 | 12:02 | | | | | | |
| | TUS Karlsruhe-Rüp | | 1:15 | 2:57 | 2:05 | 1:11 | 1:42 | 1:38 | 0:32 | 0:42 | | | | | | |
| 5 | Elia Näger | 12:19 | 1:23 | 3:57 | 6:27 | 8:00 | 9:37 | 11:30 | 12:19 | 12:59 | | | | | | |
| | OLG Ortenau | | 1:23 | 2:34 | 2:30 | 1:33 | 1:37 | 1:53 | 0:49 | 0:40 | | | | | | |
| 6 | Peter Möschle | 14:07 | 1:01 | 6:27 | 8:37 | 9:46 | 11:30 | 13:01 | 14:07 | 14:44 | | | | | | |
| | OLG Ortenau | | 1:01 | 5:26 | 2:10 | 1:09 | 1:44 | 1:31 | 1:06 | 0:37 | | | | | | |
| 7 | Jonas Weber | 16:20 | 1:04 | 4:02 | 6:17 | 11:05 | 12:54 | 15:29 | 16:20 | 17:01 | | | | | | |
| | SV Wannweil | | 1:04 | 2:58 | 2:15 | 4:48 | 1:49 | 2:35 | 0:51 | 0:41 | | | | | | |
| H14 (2) Ann. Teilstr.: 100-Ziel | | 2,9 km 85 Hm 14 P | | | | | | | | | | | | | | |
| | | 1(57) | 2(33) | 3(44) | 4(56) | 5(52) | 6(58) | 7(60) | 8(74) | 9(73) | 10(41) | 11(47) | 12(48) | 13(45) | 14(100) | |
| 1 | Bence Váradi | 22:57 | 0:59 | 4:04 | 5:12 | 7:39 | 10:01 | 11:30 | 13:13 | 13:53 | 15:12 | 15:57 | 17:26 | 19:02 | 20:22 | 22:57 |
| | OL-Team Filder | | 0:59 | 3:05 | 1:08 | 2:27 | 2:22 | 1:29 | 1:43 | 0:40 | 1:19 | 0:45 | 1:29 | 1:36 | 1:20 | 2:35 |
| | | | 23:15 | 0:48 | | | | | | | | | | | | |
| 2 | Robin Stadler | 31:10 | 1:37 | 5:04 | 6:34 | 9:17 | 11:06 | 12:48 | 14:48 | 15:49 | 17:26 | 18:57 | 20:36 | 22:03 | 23:34 | 31:10 |
| | Gundelfinger Turne | | 1:37 | 3:27 | 1:30 | 2:43 | 1:49 | 1:42 | 2:00 | 1:01 | 1:37 | 1:31 | 1:39 | 1:27 | 1:31 | 7:36 |
| | | | 31:48 | 0:38 | | | | | | | | | | | | |
| H14-BW (6) Ann. Teilstr.: 100-Ziel | | 2,9 km 85 Hm 14 P | | | | | | | | | | | | | | |
| | | 1(57) | 2(33) | 3(44) | 4(56) | 5(52) | 6(58) | 7(60) | 8(74) | 9(73) | 10(41) | 11(47) | 12(48) | 13(45) | 14(100) | |
| 1 | Jori Grunwald | 18:39 | 0:50 | 3:23 | 4:20 | 6:24 | 7:49 | 8:57 | 9:57 | 10:35 | 12:15 | 12:56 | 14:03 | 15:37 | 16:51 | 18:39 |
| | Gundelfinger Turne | | 0:50 | 2:33 | 0:57 | 2:04 | 1:25 | 1:08 | 1:00 | 0:38 | 1:40 | 0:41 | 1:07 | 1:34 | 1:14 | 1:48 |
| | | | 18:59 | 0:20 | | | | | | | | | | | | |
| 2 | Jakob Hoferer | 19:49 | 0:58 | 3:40 | 5:13 | 7:07 | 8:37 | 9:46 | 11:09 | 11:55 | 13:23 | 14:12 | 15:31 | 16:43 | 18:02 | 19:49 |
| | OLG Ortenau | | 0:58 | 2:42 | 1:33 | 1:54 | 1:30 | 1:09 | 1:23 | 0:46 | 1:28 | 0:49 | 1:19 | 1:12 | 1:19 | 1:47 |
| | | | 20:28 | 0:39 | | | | | | | | | | | | |
| 3 | Jonathan Dunkel | 19:56 | 0:50 | 3:42 | 5:02 | 7:02 | 8:41 | 9:55 | 11:04 | 11:53 | 13:16 | 14:00 | 15:15 | 16:29 | 17:48 | 19:56 |
| | Gundelfinger Turne | | 0:50 | 2:52 | 1:20 | 2:00 | 1:39 | 1:14 | 1:09 | 0:49 | 1:23 | 0:44 | 1:15 | 1:14 | 1:19 | 2:08 |
| | | | 20:35 | 0:39 | | | | | | | | | | | | |
| 4 | Noah Schmidt | 23:12 | 0:48 | 3:51 | 6:33 | 8:25 | 9:39 | 10:49 | 11:51 | 12:49 | 14:11 | 14:53 | 16:17 | 20:00 | 21:23 | 23:12 |
| | OL-Team Filder | | 0:48 | 3:03 | 2:42 | 1:52 | 1:14 | 1:10 | 1:02 | 0:58 | 1:22 | 0:42 | 1:24 | 3:43 | 1:23 | 1:49 |
| | | | 23:50 | 0:38 | 12:13 | *61 | | | | | | | | | | |
| 5 | Joseph Bieling | 26:17 | 1:08 | 4:24 | 5:35 | 8:29 | 10:40 | 12:07 | 13:39 | 14:42 | 16:58 | 18:03 | 19:54 | 21:43 | 23:21 | 26:17 |
| | Gundelfinger Turne | | 1:08 | 3:16 | 1:11 | 2:54 | 2:11 | 1:27 | 1:32 | 1:03 | 2:16 | 1:05 | 1:51 | 1:49 | 1:38 | 2:56 |
| | | | 26:56 | 0:39 | | | | | | | | | | | | |
| 6 | Jakob Breitwieser | 28:10 | 1:12 | 4:56 | 7:05 | 10:38 | 12:34 | 14:12 | 15:52 | 16:54 | 18:41 | 19:55 | 21:59 | 24:03 | 26:01 | 28:10 |
| | Gundelfinger Turne | | 1:12 | 3:44 | 2:09 | 3:33 | 1:56 | 1:38 | 1:40 | 1:02 | 1:47 | 1:14 | 2:04 | 2:04 | 1:58 | 2:09 |
| | | | 28:54 | 0:44 | | | | | | | | | | | | |

| Pl | Name | Zeit | | | | | | | | | | | | | | |
|---|---------------------------|--------------|----------------------|--------------|--------------|--------------|-----------------|--------------|--------------|--------------|-----------------|-----------------|--------------|--------------|--------------|--------------|
| H16-BW (6) Ann. Teilstr.: 100-Ziel | | | 3,9 km 125 Hm | | | 18 P | | | | | | | | | | |
| | | | 1(32) | 2(44) | 3(33) | 4(31) | 5(51) | 6(38) | 7(58) | 8(61) | 9(62) | 10(72) | 11(46) | 12(77) | 13(67) | 14(41) |
| | | | 15(42) | 16(48) | 17(35) | 18(100) | Ziel | | | | | | | | | |
| 1 | Per Dammeier | 35:12 | 3:13 | 3:46 | 6:34 | 8:18 | 12:02 | 14:12 | 14:48 | 15:59 | 17:05 | 18:05 | 18:42 | 20:27 | 22:15 | 27:02 |
| | SV Wannweil | | 3:13 | 0:33 | 2:48 | 1:44 | 3:44 | 2:10 | 0:36 | 1:11 | 1:06 | 1:00 | 0:37 | 1:45 | 1:48 | 4:47 |
| | | | 29:09 | 30:38 | 34:57 | 35:12 | 35:49 | | | | | | | | | |
| | | | 2:07 | 1:29 | 4:19 | 0:15 | 0:37 | | | | | | | | | |
| 2 | Ben Schweiker | 35:20 | 3:13 | 4:01 | 5:51 | 8:00 | 11:25 | 13:02 | 13:45 | 14:59 | 16:27 | 17:43 | 18:25 | 20:01 | 22:28 | 24:15 |
| | SV Wannweil | | 3:13 | 0:48 | 1:50 | 2:09 | 3:25 | 1:37 | 0:43 | 1:14 | 1:28 | 1:16 | 0:42 | 1:36 | 2:27 | 1:47 |
| | | | 29:18 | 30:58 | 35:00 | 35:20 | 35:54 | | | | | | | | | |
| | | | 5:03 | 1:40 | 4:02 | 0:20 | 0:34 | | | | | | | | | |
| 3 | Gregor Funk | 38:17 | 6:35 | 7:44 | 9:29 | 11:10 | 14:26 | 16:07 | 16:50 | 18:05 | 19:29 | 20:38 | 21:25 | 23:02 | 25:32 | 27:10 |
| | OL-Team Filder | | 6:35 | 1:09 | 1:45 | 1:41 | 3:16 | 1:41 | 0:43 | 1:15 | 1:24 | 1:09 | 0:47 | 1:37 | 2:30 | 1:38 |
| | | | 32:27 | 34:01 | 38:02 | 38:17 | 38:53 | | | | | | | | | |
| | | | 5:17 | 1:34 | 4:01 | 0:15 | 0:36 | | | | | | | | | |
| 3 | Rico Lösel | 38:17 | 4:25 | 5:16 | 7:15 | 10:03 | 13:43 | 15:28 | 16:04 | 17:13 | 19:08 | 20:14 | 21:05 | 22:54 | 26:14 | 28:06 |
| | TUS Karlsruhe-Rüp | | 4:25 | 0:51 | 1:59 | 2:48 | 3:40 | 1:45 | 0:36 | 1:09 | 1:55 | 1:06 | 0:51 | 1:49 | 3:20 | 1:52 |
| | | | 31:31 | 33:09 | 38:03 | 38:17 | 38:58 | | | | | | | | | |
| | | | 3:25 | 1:38 | 4:54 | 0:14 | 0:41 | | | | | | | | | |
| 5 | Linus Stöhr | 38:54 | 5:17 | 6:11 | 8:18 | 9:50 | 13:42 | 15:30 | 16:15 | 17:41 | 19:06 | 20:47 | 22:47 | 24:38 | 27:06 | 28:54 |
| | SV Wannweil | | 5:17 | 0:54 | 2:07 | 1:32 | 3:52 | 1:48 | 0:45 | 1:26 | 1:25 | 1:41 | 2:00 | 1:51 | 2:28 | 1:48 |
| | | | 31:42 | 33:06 | 38:33 | 38:54 | 39:11 | | | | | | | | | |
| | | | 2:48 | 1:24 | 5:27 | 0:21 | 0:47 | | | | | | | | | |
| 6 | Manuel Werner | 44:07 | 4:00 | 6:06 | 8:31 | 11:07 | 15:24 | 17:50 | 18:59 | 20:26 | 21:54 | 23:26 | 24:23 | 26:10 | 29:09 | 31:10 |
| | SV Wannweil | | 4:00 | 2:06 | 2:25 | 2:36 | 4:17 | 2:26 | 1:09 | 1:27 | 1:28 | 1:32 | 0:57 | 1:47 | 2:59 | 2:01 |
| | | | 33:56 | 35:48 | 42:52 | 44:07 | 44:48 | | | | | | | | | |
| | | | 2:46 | 1:52 | 7:04 | 1:15 | 0:41 | | | | | | | | | |
| H18-BW (4) Ann. Teilstr.: 100-Ziel | | | 4,2 km 115 Hm | | | 22 P | | | | | | | | | | |
| | | | 1(31) | 2(32) | 3(59) | 4(55) | 5(43) | 6(51) | 7(37) | 8(58) | 9(60) | 10(71) | 11(46) | 12(65) | 13(77) | 14(64) |
| | | | 15(76) | 16(70) | 17(41) | 18(42) | 19(48) | 20(40) | 21(39) | 22(100) | Ziel | | | | | |
| 1 | Lars Maiwald | 31:23 | 1:12 | 4:13 | 6:08 | 8:31 | 9:26 | 14:05 | 15:15 | 16:03 | 17:28 | 18:46 | 20:03 | 20:24 | 22:00 | 22:36 |
| | TV Mönchweiler | | 1:12 | 3:01 | 1:55 | 2:23 | 0:55 | 4:39 | 1:10 | 0:48 | 1:25 | 1:18 | 1:17 | 0:21 | 1:36 | 0:36 |
| | | | 23:36 | 23:58 | 25:22 | 27:04 | 28:10 | 29:38 | 30:34 | 31:23 | 32:02 | | | | | |
| | | | 1:00 | 0:22 | 1:24 | 1:42 | 1:06 | 1:28 | 0:56 | 0:49 | 0:39 | | | | | |
| 2 | David Stöhr | 33:37 | 1:21 | 2:50 | 4:52 | 8:20 | 9:24 | 14:40 | 15:48 | 16:59 | 18:06 | 19:29 | 20:52 | 21:18 | 22:52 | 23:32 |
| | SV Wannweil | | 1:21 | 1:29 | 2:02 | 3:28 | 1:04 | 5:16 | 1:08 | 1:11 | 1:07 | 1:23 | 1:23 | 0:26 | 1:34 | 0:40 |
| | | | 24:33 | 24:55 | 26:25 | 28:24 | 29:18 | 31:00 | 32:17 | 33:37 | 34:15 | | | | | |
| | | | 1:01 | 0:22 | 1:30 | 1:59 | 0:54 | 1:42 | 1:17 | 1:20 | 0:38 | | | | | |
| 3 | Michael Krassowizk | 45:49 | 4:35 | 6:07 | 7:48 | 15:05 | 16:18 | 20:31 | 22:15 | 23:16 | 24:15 | 25:36 | 26:42 | 27:03 | 28:29 | 29:21 |
| | TGV Horn | | 4:35 | 1:32 | 1:41 | 7:17 | 1:13 | 4:13 | 1:44 | 1:01 | 0:59 | 1:21 | 1:06 | 0:21 | 1:26 | 0:52 |
| | | | 30:26 | 30:59 | 32:24 | 37:38 | 38:53 | 43:36 | 44:46 | 45:49 | 46:27 | | | | | |
| | | | 1:05 | 0:33 | 1:25 | 5:14 | 1:15 | 4:43 | 1:10 | 1:03 | 0:38 | | | | | |
| 4 | Ilija Funk | 46:07 | 1:51 | 5:32 | 8:00 | 10:45 | 12:29 | 20:10 | 21:59 | 23:23 | 25:11 | 26:50 | 28:25 | 28:51 | 31:21 | 32:16 |
| | OL-Team Filder | | 1:51 | 3:41 | 2:28 | 2:45 | 1:44 | 7:41 | 1:49 | 1:24 | 1:48 | 1:39 | 1:35 | 0:26 | 2:30 | 0:55 |
| | | | 33:35 | 34:17 | 36:05 | 39:11 | 41:34 | 43:53 | 45:04 | 46:07 | 46:44 | | | | | |
| | | | 1:19 | 0:42 | 1:48 | 3:06 | 2:23 | 2:19 | 1:11 | 1:03 | 0:37 | | | | | |
| H19AL (3) Ann. Teilstr.: 100-Ziel | | | 4,8 km 150 Hm | | | 23 P | | | | | | | | | | |
| | | | 1(53) | 2(44) | 3(34) | 4(55) | 5(43) | 6(51) | 7(38) | 8(58) | 9(75) | 10(78) | 11(62) | 12(63) | 13(46) | 14(65) |
| | | | 15(64) | 16(67) | 17(41) | 18(42) | 19(59) | 20(35) | 21(39) | 22(40) | 23(100) | Ziel | | | | |
| 1 | Rostislaw Krassow | 39:29 | 1:40 | 3:21 | 4:32 | 8:15 | 9:30 | 14:00 | 15:38 | 16:13 | 17:31 | 18:29 | 19:19 | 20:08 | 20:47 | 21:10 |
| | OLF Mainz | | 1:40 | 1:41 | 1:11 | 3:43 | 1:15 | 4:30 | 1:38 | 0:35 | 1:18 | 0:58 | 0:50 | 0:49 | 0:39 | 0:23 |
| | | | 23:27 | 25:33 | 27:08 | 28:56 | 31:00 | 35:10 | 37:15 | 38:11 | 39:29 | 39:51 | | | | |
| | | | 2:17 | 2:06 | 1:35 | 1:48 | 2:04 | 4:10 | 2:05 | 0:56 | 1:18 | 0:22 | | | | |
| 2 | Alex Bernardin | 45:00 | 2:12 | 4:04 | 5:33 | 11:04 | 12:46 | 18:03 | 19:38 | 20:18 | 21:12 | 22:07 | 23:01 | 24:07 | 24:44 | 25:05 |
| | TV Mönchweiler | | 2:12 | 1:52 | 1:29 | 5:31 | 1:42 | 5:17 | 1:35 | 0:40 | 0:54 | 0:55 | 0:54 | 1:06 | 0:37 | 0:21 |
| | | | 26:59 | 28:15 | 29:47 | 33:59 | 37:05 | 41:05 | 43:00 | 43:55 | 45:00 | 45:20 | | | | |
| | | | 1:54 | 1:16 | 1:32 | 4:12 | 3:06 | 4:00 | 1:55 | 0:55 | 1:05 | 0:20 | | | | |
| 3 | Etienne Holbein | 56:31 | 2:23 | 4:41 | 6:14 | 13:13 | 15:31 | 22:46 | 24:47 | 25:36 | 26:29 | 27:35 | 28:57 | 30:33 | 31:23 | 31:52 |
| | - ohne Verein - | | 2:23 | 2:18 | 1:33 | 6:59 | 2:18 | 7:15 | 2:01 | 0:49 | 0:53 | 1:06 | 1:22 | 1:36 | 0:50 | 0:29 |
| | | | 34:09 | 37:11 | 39:05 | 41:35 | 45:02 | 49:50 | 52:37 | 54:09 | 56:31 | 57:18 | | | | |
| | | | 2:17 | 3:02 | 1:54 | 2:30 | 3:27 | 4:48 | 2:47 | 1:32 | 2:22 | 0:47 | | | | |
| H19AL-BW (7) Ann. Teilstr.: 100-Ziel | | | 4,8 km 150 Hm | | | 23 P | | | | | | | | | | |
| | | | 1(53) | 2(44) | 3(34) | 4(55) | 5(43) | 6(51) | 7(38) | 8(58) | 9(75) | 10(78) | 11(62) | 12(63) | 13(46) | 14(65) |
| | | | 15(64) | 16(67) | 17(41) | 18(42) | 19(59) | 20(35) | 21(39) | 22(40) | 23(100) | Ziel | | | | |
| 1 | Sascha Dammeier | 34:56 | 1:27 | 3:18 | 4:24 | 7:48 | 8:47 | 13:07 | 14:32 | 15:10 | 15:52 | 16:48 | 17:31 | 18:19 | 18:53 | 19:12 |
| | SV Wannweil | | 1:27 | 1:51 | 1:06 | 3:24 | 0:59 | 4:20 | 1:25 | 0:38 | 0:42 | 0:56 | 0:43 | 0:48 | 0:34 | 0:19 |
| | | | 20:58 | 22:02 | 23:35 | 25:24 | 27:22 | 31:06 | 32:54 | 33:43 | 34:56 | 35:34 | | | | |
| | | | 1:46 | 1:04 | 1:33 | 1:49 | 1:58 | 3:44 | 1:48 | 0:49 | 1:13 | 0:38 | | | | |
| 2 | Klaus Schwind | 36:30 | 1:30 | 3:02 | 4:05 | 7:15 | 8:50 | 13:01 | 14:53 | 15:31 | 16:12 | 17:11 | 17:59 | 18:55 | 19:29 | 19:55 |
| | OLG Ortenau | | 1:30 | 1:32 | 1:03 | 3:10 | 1:35 | 4:11 | 1:52 | 0:38 | 0:41 | 0:59 | 0:48 | 0:56 | 0:34 | 0:26 |
| | | | 21:50 | 23:00 | 24:44 | 26:37 | 28:41 | 32:41 | 34:07 | 35:09 | 36:30 | 37:07 | | | | |
| | | | 1:55 | 1:10 | 1:44 | 1:53 | 2:04 | 4:00 | 1:26 | 1:02 | 1:21 | 0:37 | | | | |
| 3 | Pal Varbiro | 38:26 | 1:51 | 3:45 | 4:54 | 9:31 | 10:29 | 14:43 | 16:26 | 17:01 | 17:42 | 18:44 | 19:36 | | | |

| Pl | Name | Zeit | | | | | | | | | | | | | | |
|--|--|----------------------|-----------------|------------------|------------------|----------------------|-----------------|-----------------|------------------|---------------|-----------------|--------------|--------------|--------------|--------------|--------------|
| H55-BW (12) Ann. Teilstr.: 100-Ziel | | 3,6 km 105 Hm | | | | 18 P (Forts.) | | | | | | | | | | |
| | | 1(31) 15(49) | 2(32) 16(48) | 3(33) 17(39) | 4(53) 18(100) | 5(37) Ziel | 6(38) | 7(58) | 8(61) | 9(78) | 10(71) | 11(63) | 12(64) | 13(67) | 14(41) | |
| 8 | Christoph Gut TV Jahn 08 Zizenha | 41:36 | 2:35 | 8:04 | 10:59 | 12:32 | 19:43 | 21:12 | 22:09 | 23:40 | 24:04 | 25:31 | 26:49 | 28:30 | 30:08 | 32:32 |
| | | | 2:35 | 5:29 | 2:55 | 1:33 | 7:11 | 1:29 | 0:57 | 1:31 | 0:24 | 1:27 | 1:18 | 1:41 | 1:38 | 2:24 |
| | | | 35:56 | 37:42 | 39:52 | 41:36 | 42:24 | | | | | | | | | |
| | | | 3:24 | 1:46 | 2:10 | 1:44 | 0:48 | | | | | | | | | |
| 9 | Klaus Nadelstumpf SV Wannweil | 42:32 | 2:31 | 6:18 | 8:48 | 10:16 | 16:48 | 18:29 | 19:41 | 21:41 | 22:07 | 23:43 | 24:49 | 27:02 | 29:05 | 31:51 |
| | | | 2:31 | 3:47 | 2:30 | 1:28 | 6:32 | 1:41 | 1:12 | 2:00 | 0:26 | 1:36 | 1:06 | 2:13 | 2:03 | 2:46 |
| | | | 35:14 | 37:25 | 40:04 | 42:32 | 43:22 | | | | | | | | | |
| | | | 3:23 | 2:11 | 2:39 | 2:28 | 0:50 | | | | | | | | | |
| 10 | Klaus Schuh TV Mönchweiler | 42:38 | 2:23 | 6:42 | 8:17 | 12:32 | 18:13 | 19:47 | 21:04 | 22:55 | 23:25 | 25:11 | 26:27 | 28:08 | 30:46 | 32:41 |
| | | | 2:23 | 4:19 | 1:35 | 4:15 | 5:41 | 1:34 | 1:17 | 1:51 | 0:30 | 1:46 | 1:16 | 1:41 | 2:38 | 1:55 |
| | | | 34:53 | 36:44 | 40:15 | 42:38 | 43:27 | | | | | | | | | |
| | | | 2:12 | 1:51 | 3:31 | 2:23 | 0:49 | | | | | | | | | |
| 11 | Yuriy Krassowizkiy TGV Horn | 47:12 | 2:14 | 5:05 | 7:04 | 18:56 | 26:44 | 28:10 | 29:08 | 30:32 | 30:58 | 32:23 | 33:34 | 35:11 | 36:49 | 39:10 |
| | | | 2:14 | 2:51 | 1:59 | 11:52 | 7:48 | 1:26 | 0:58 | 1:24 | 0:26 | 1:25 | 1:11 | 1:37 | 1:38 | 2:21 |
| | | | 41:31 | 43:11 | 45:25 | 47:12 | 47:59 | | | | | | | | | |
| | | | 2:21 | 1:40 | 2:14 | 1:47 | 0:47 | | | | | | | | | |
| 12 | Martin Laue OLG Ortenau | 48:52 | 3:00 | 7:04 | 12:45 | 16:09 | 22:59 | 24:31 | 25:43 | 27:46 | 28:14 | 29:48 | 30:55 | 33:10 | 35:23 | 38:52 |
| | | | 3:00 | 4:04 | 5:41 | 3:24 | 6:50 | 1:32 | 1:12 | 2:03 | 0:28 | 1:34 | 1:07 | 2:15 | 2:13 | 3:29 |
| | | | 41:32 | 43:40 | 46:21 | 48:52 | 49:52 | | | | | | | | | |
| | | | 2:40 | 2:08 | 2:41 | 2:31 | 4:00 | | | | | | | | | |
| H65-BW (5) Ann. Teilstr.: 100-Ziel | | 3,3 km 110 Hm | | | | 17 P | | | | | | | | | | |
| | | 1(53) 15(48) | 2(43) 16(40) | 3(51) 17(100) | 4(37) Ziel | 5(38) | 6(58) | 7(75) | 8(78) | 9(77) | 10(64) | 11(76) | 12(70) | 13(41) | 14(42) | |
| 1 | Bernhard Gartner OL-Team Filder | 42:12 | 7:22 | 10:40 | 17:32 | 19:41 | 21:14 | 22:17 | 23:31 | 24:48 | 27:20 | 28:10 | 29:50 | 30:27 | 32:28 | 35:30 |
| | | | 7:22 | 3:18 | 6:52 | 2:09 | 1:33 | 1:03 | 1:14 | 1:17 | 2:32 | 0:50 | 1:40 | 0:37 | 2:01 | 3:02 |
| | | | 37:30 | 39:45 | 42:12 | 42:58 | | | | | | | | | | |
| | | | 2:00 | 2:15 | 2:27 | 0:46 | | | | | | | | | | |
| 2 | Dietmar Leukert OL-Team Filder | 44:39 | 2:29 | 6:54 | 13:26 | 15:11 | 17:13 | 18:08 | 19:19 | 20:47 | 23:34 | 24:26 | 26:16 | 26:50 | 32:54 | 36:45 |
| | | | 2:29 | 4:25 | 6:32 | 1:45 | 2:02 | 0:55 | 1:11 | 1:28 | 2:47 | 0:52 | 1:50 | 0:34 | 6:04 | 3:51 |
| | | | 38:44 | 42:20 | 44:39 | 45:26 | | | | | | | | | | |
| | | | 1:59 | 3:36 | 2:19 | 0:47 | | | | | | | | | | |
| 3 | Siegfried Wörner OL-Team Filder | 47:05 | 4:45 | 8:00 | 15:51 | 17:54 | 19:28 | 20:43 | 22:11 | 23:57 | 26:57 | 28:03 | 30:03 | 31:27 | 35:42 | 39:27 |
| | | | 4:45 | 3:15 | 7:51 | 2:03 | 1:34 | 1:15 | 1:28 | 1:46 | 3:00 | 1:06 | 2:00 | 1:24 | 4:15 | 3:45 |
| | | | 41:41 | 44:11 | 47:05 | 47:57 | 38:29 | | | | | | | | | |
| | | | 2:14 | 2:30 | 2:54 | 0:52 | *49 | | | | | | | | | |
| 4 | Hans Hartmann TGV Horn | 58:31 | 7:14 | 11:10 | 25:03 | 27:20 | 29:24 | 30:57 | 32:46 | 34:37 | 39:02 | 40:13 | 41:58 | 42:42 | 45:39 | 49:58 |
| | | | 7:14 | 3:56 | 13:53 | 2:17 | 2:04 | 1:33 | 1:49 | 1:51 | 4:25 | 1:11 | 1:45 | 0:44 | 2:57 | 4:19 |
| | | | 51:49 | 54:55 | 58:31 | 59:25 | | | | | | | | | | |
| | | | 1:51 | 3:06 | 3:36 | 0:54 | | | | | | | | | | |
| | Walter Schach SV Wannweil | Fehlst | 6:32 | 10:37 | 20:21 | 22:48 | 25:52 | 27:33 | 28:57 | 32:43 | 36:10 | 37:44 | 40:04 | 41:42 | 44:36 | 48:31 |
| | | | 6:32 | 4:05 | 9:44 | 2:27 | 3:04 | 1:41 | 1:24 | 3:46 | 3:27 | 1:34 | 2:20 | 1:38 | 2:54 | 3:55 |
| | | | 51:00 | ----- | 57:20 | 58:09 | 53:54 | | | | | | | | | |
| | | | 2:29 | | 6:20 | 0:49 | *39 | | | | | | | | | |
| Offen Kurz (1) Ann. Teilstr.: 100-Ziel | | 2,9 km 85 Hm | | | | 14 P | | | | | | | | | | |
| | | 1(57) Ziel | 2(33) | 3(44) | 4(56) | 5(52) | 6(58) | 7(60) | 8(74) | 9(73) | 10(41) | 11(47) | 12(48) | 13(45) | 14(100) | |
| 1 | Szlvia Hay OC München | 57:45 | 2:16 | 9:15 | 12:49 | 21:04 | 25:54 | 30:06 | 36:11 | 38:33 | 42:04 | 43:47 | 47:07 | 50:33 | 53:35 | 57:45 |
| | | | 2:16 | 6:59 | 3:34 | 8:15 | 4:50 | 4:12 | 6:05 | 2:22 | 3:31 | 1:43 | 3:20 | 3:26 | 3:02 | 4:10 |
| | | | 58:55 | | | | | | | | | | | | | |
| | | | 4:10 | | | | | | | | | | | | | |
| Offen Lang (10) Ann. Teilstr.: 100-Ziel | | 4,2 km 115 Hm | | | | 22 P | | | | | | | | | | |
| | | 1(31) 15(76) | 2(32) 16(70) | 3(59) 17(41) | 4(55) 18(42) | 5(43) 19(48) | 6(51) 20(40) | 7(37) 21(39) | 8(58) 22(100) | 9(60) Ziel | 10(71) | 11(46) | 12(65) | 13(77) | 14(64) | |
| 1 | Tobias Böhringer - ohne Verein - | 38:08 | 1:22 | 2:50 | 4:40 | 6:48 | 8:41 | 16:21 | 17:52 | 18:52 | 19:59 | 21:29 | 22:40 | 23:05 | 24:33 | 25:25 |
| | | | 1:22 | 1:28 | 1:50 | 2:08 | 1:53 | 7:40 | 1:31 | 1:00 | 1:07 | 1:30 | 1:11 | 0:25 | 1:28 | 0:52 |
| | | | 26:52 | 27:12 | 28:45 | 30:44 | 31:55 | 36:05 | 37:10 | 38:08 | 38:47 | | | | | |
| | | | 1:27 | 0:20 | 1:33 | 1:59 | 1:11 | 4:10 | 1:05 | 0:58 | 0:39 | | | | | |
| 2 | Alexander Kurz - ohne Verein - | 52:50 | 12:26 | 14:43 | 17:47 | 20:05 | 21:55 | 26:53 | 28:19 | 29:32 | 33:12 | 35:04 | 36:53 | 37:23 | 39:36 | 40:24 |
| | | | 12:26 | 2:17 | 3:04 | 2:18 | 1:50 | 4:58 | 1:26 | 1:13 | 3:40 | 1:52 | 1:49 | 0:30 | 2:13 | 0:48 |
| | | | 41:42 | 42:14 | 43:58 | 46:57 | 48:51 | 50:46 | 51:37 | 52:50 | 53:36 | | | | | |
| | | | 1:18 | 0:32 | 1:44 | 2:59 | 1:54 | 1:55 | 0:51 | 1:13 | 0:46 | | | | | |
| 3 | Stephan Leinewebe OL-Team Filder | 58:18 | 8:42 | 11:49 | 15:30 | 18:32 | 20:46 | 29:20 | 31:24 | 32:54 | 34:34 | 36:39 | 38:29 | 39:01 | 41:21 | 43:31 |
| | | | 8:42 | 3:07 | 3:41 | 3:02 | 2:14 | 8:34 | 2:04 | 1:30 | 1:40 | 2:05 | 1:50 | 0:32 | 2:20 | 2:10 |
| | | | 45:15 | 45:51 | 47:59 | 50:55 | 52:16 | 54:31 | 56:13 | 58:18 | 58:59 | | | | | |
| | | | 1:44 | 0:36 | 2:08 | 2:56 | 1:21 | 2:15 | 1:42 | 2:05 | 0:41 | | | | | |
| 4 | Jochen Hoefflin TV Eichstetten | 1:00:12 | 10:14 | 13:25 | 16:23 | 22:07 | 24:01 | 30:03 | 31:53 | 34:28 | 35:59 | 37:59 | 39:46 | 40:18 | 42:39 | 43:19 |
| | | | 10:14 | 3:11 | 2:58 | 5:44 | 1:54 | 6:02 | 1:50 | 2:35 | 1:31 | 2:00 | 1:47 | 0:32 | 2:21 | 0:40 |
| | | | 44:44 | 45:26 | 47:43 | 50:35 | 52:27 | 56:52 | 58:39 | 1:00:12 | 1:00:56 | | | | | |
| | | | 1:25 | 0:42 | 2:17 | 2:52 | 1:52 | 4:25 | 1:47 | 1:33 | 0:44 | | | | | |
| 5 | Lara Winkler TV Eichstetten | 1:01:58 | 2:54 | 5:34 | 9:36 | 12:38 | 14:33 | 23:52 | 26:03 | 27:27 | 29:05 | 35:45 | 37:46 | 38:19 | 40:36 | 41:58 |
| | | | 2:54 | 2:40 | 4:02 | 3:02 | 1:55 | 9:19 | 2:11 | 1:24 | 1:38 | 6:40 | 2:01 | 0:33 | 2:17 | 1:22 |
| | | | 43:16 | 43:53 | 45:49 | 51:55 | 53:01 | 58:55 | 1:00:18 | 1:01:58 | 1:02:53 | | | | | |
| | | | 1:18 | 0:37 | 1:56 | 6:06 | 1:06 | 5:54 | 1:23 | 1:40 | 0:55 | | | | | |

| Pl | Name | Zeit | | | | | | | | | | | | | | |
|--|--------------------------|----------------|---------------|--------|--------|---------------|-------------|---------|-------------|---------|-----------------|-----------------|--------|-------------|--------|--------|
| Offen Lang (10) Ann. Teilstr.: 100-Ziel | | | 4,2 km | | | 115 Hm | | | 22 P | | | (Forts.) | | | | |
| | | | 1(31) | 2(32) | 3(59) | 4(55) | 5(43) | 6(51) | 7(37) | 8(58) | 9(60) | 10(71) | 11(46) | 12(65) | 13(77) | 14(64) |
| | | | 15(76) | 16(70) | 17(41) | 18(42) | 19(48) | 20(40) | 21(39) | 22(100) | Ziel | | | | | |
| 6 | Frederik Funk | 1:05:48 | 2:31 | 5:18 | 9:05 | 17:35 | 18:44 | 29:52 | 32:41 | 35:14 | 36:53 | 39:28 | 42:10 | 42:43 | 47:24 | 48:17 |
| | OLG Ortenau | | 2:31 | 2:47 | 3:47 | 8:30 | 1:09 | 11:08 | 2:49 | 2:33 | 1:39 | 2:35 | 2:42 | 0:33 | 4:41 | 0:53 |
| | | | 49:26 | 49:56 | 52:40 | 56:43 | 58:31 | 1:03:11 | 1:04:29 | 1:05:48 | 1:06:41 | | | | | |
| | | | 1:09 | 0:30 | 2:44 | 4:03 | 1:48 | 4:40 | 1:18 | 1:19 | 0:59 | | | | | |
| 7 | Nicole Bettinger | 1:10:28 | 2:49 | 5:51 | 22:11 | 25:01 | 27:32 | 35:39 | 38:14 | 39:17 | 41:23 | 45:14 | 48:57 | 49:19 | 51:31 | 52:14 |
| | TV Eichstetten | | 2:49 | 3:02 | 16:20 | 2:50 | 2:31 | 8:07 | 2:35 | 1:03 | 2:06 | 3:51 | 3:43 | 0:22 | 2:12 | 0:43 |
| | | | 53:36 | 54:08 | 56:05 | 59:07 | 1:01:04 | 1:06:09 | 1:09:03 | 1:10:28 | 1:11:16 | | | | | |
| | | | 1:22 | 0:32 | 1:57 | 3:02 | 1:57 | 5:05 | 2:54 | 1:25 | 0:48 | | | | | |
| 8 | Merlin Vetter | 1:12:59 | 4:46 | 9:23 | 17:40 | 23:50 | 26:31 | 34:53 | 37:45 | 39:10 | 42:23 | 45:06 | 47:22 | 48:03 | 51:15 | 53:02 |
| | - ohne Verein - | | 4:46 | 4:37 | 8:17 | 6:10 | 2:41 | 8:22 | 2:52 | 1:25 | 3:13 | 2:43 | 2:16 | 0:41 | 3:12 | 1:47 |
| | | | 54:57 | 55:56 | 58:16 | 1:02:08 | 1:05:33 | 1:08:27 | 1:10:42 | 1:12:59 | 1:13:51 | | | | | |
| | | | 1:55 | 0:59 | 2:20 | 3:52 | 3:25 | 2:54 | 2:15 | 2:17 | 0:52 | | | | | |
| 9 | Daniel Kulesa | 1:16:46 | 3:21 | 5:59 | 10:34 | 13:42 | 15:53 | 22:10 | 23:43 | 25:19 | 30:10 | 31:47 | 34:38 | 35:18 | 53:46 | 54:55 |
| | - ohne Verein - | | 3:21 | 2:38 | 4:35 | 3:08 | 2:11 | 6:17 | 1:33 | 1:36 | 4:51 | 1:37 | 2:51 | 0:40 | 18:28 | 1:09 |
| | | | 56:53 | 57:24 | 59:09 | 1:06:16 | 1:08:59 | 1:12:36 | 1:14:33 | 1:16:46 | 1:17:22 | | | | | |
| | | | 1:58 | 0:31 | 1:45 | 7:07 | 2:43 | 3:37 | 1:57 | 2:13 | 0:36 | | | | | |
| | Sebastian Ohse | Fehlst | 4:59 | 10:21 | 15:55 | 20:51 | 24:38 | ----- | 37:11 | 38:33 | 40:32 | 43:31 | 47:35 | 48:02 | 50:21 | 51:12 |
| | Unisport Freiburg | | 4:59 | 5:22 | 5:34 | 4:56 | 3:47 | | 12:33 | 1:22 | 1:59 | 2:59 | 4:04 | 0:27 | 2:19 | 0:51 |
| | | | 52:56 | 53:14 | 56:40 | 1:02:50 | 1:04:56 | 1:09:21 | 1:10:32 | 1:12:31 | 1:13:12 | | 35:29 | | | |
| | | | 1:44 | 0:18 | 3:26 | 6:10 | 2:06 | 4:25 | 1:11 | 1:59 | 0:44 | | *52 | | | |