

| Pl | BW | Name | Jg | Verein | Zeit |
|-----------------|----|---------------------------|----|----------------------------|---------|
| D-12 (4) | | | | | |
| 1 | | Nadja Kraus | | SV Wannweil | 17:31 |
| 2 | | Rebecca Lauer | | OLG Elsenzgau | 21:33 |
| 3 | X | Luisa Trauner | | SV Wannweil | 22:10 |
| | X | Fabiana Schmid | | GTS Gundelfingen | N Ang |
| D-14 (4) | | | | | |
| 1 | X | Sandra Nill | | SV Wannweil | 22:03 |
| 2 | X | Sofie Bailer | | TSV Stettfeld | 24:32 |
| 3 | X | Helen Rendich | | SV Wannweil | 26:24 |
| 4 | | Harriet Edlund | | ohne Verein | 26:38 |
| D-16 (6) | | | | | |
| 1 | X | Lena Nägele | | SV Baintd | 35:24 |
| 2 | X | Sara Bailer | | TSV Stettfeld | 39:18 |
| 3 | X | Judith Hirschmiller | | TGV Horn | 40:03 |
| 4 | X | Wiebke Harter | | OLG Ortenau | 44:01 |
| 5 | X | Ines Maiwald | | TV Mönchweiler | 47:34 |
| 6 | X | Theresa Trauner | | SV Wannweil | 1:03:49 |
| D19 (14) | | | | | |
| 1 | X | Meike Jaeger | | GTS Gundelfingen | 46:09 |
| 2 | X | Judith Pflieger | | GTS Gundelfingen | 50:47 |
| 3 | | Marie Böhm | | OLV Steinberg | 53:01 |
| 4 | X | Anne Kunzendorf | | GTS Gundelfingen | 53:11 |
| 5 | | Janeta Turka | | TUS Karlsruhe-Rüppurr | 54:58 |
| 6 | X | Renate Hirschmiller | | TGV Horn | 55:10 |
| 7 | X | Maren Kucza | | TGV Horn | 1:03:15 |
| 8 | X | Heike Horst | | GTS Gundelfingen | 1:04:27 |
| 9 | | Friederike Graumann | | ESV Lok Berlin-Schöneweide | 1:04:48 |
| 10 | X | Eija Schulze | | GTS Gundelfingen | 1:06:04 |
| 11 | | Lena Stortz | | OLV Steinberg | 1:10:27 |
| 12 | X | Wiebke Martin | | TGV Horn | 1:16:14 |
| 13 | | Johanna Dammeier | | SV Baintd | 1:27:19 |
| 14 | X | Meike Hartmann | | TGV Horn | 1:35:58 |
| D40 (4) | | | | | |
| 1 | X | Kirsten König | | OLG Ortenau | 56:19 |
| 2 | X | Carmen Kucza | | TGV Horn | 1:07:49 |
| 3 | X | Stefanie Greiselis-Bailer | | TSV Stettfeld | 1:07:57 |
| 4 | | Carmen Eipper | | WOLF | 2:03:34 |
| D50 (5) | | | | | |
| 1 | | Galina Krassowizkaja | | OLF Mainz | 39:34 |
| 2 | X | Marianne Kern | | SV Baintd | 41:20 |
| 3 | X | Claudia Quednau | | TV Mönchweiler | 49:32 |
| 4 | | Ilse Maiwald | | TV Mönchweiler | 50:19 |
| 5 | | Hannelore Huhn | | Marathon S Metzingen | 1:17:30 |

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| D60 (3) | | | | | |
| 1 | X | Gisela Horst | | OLG Elsenzgau | 48:16 |
| 2 | | Beatrix Haenelt | | IHW Alex Berlin | 53:34 |
| | X | Anne-Marie Hartmann | | TGV Horn | Fehlst |
| H-12 (13) | | | | | |
| 1 | | Ilija Funk | | OLG Ortenau | 13:15 |
| 2 | X | Lars Maiwald | | TV Mönchweiler | 13:23 |
| 3 | X | David Stöhr | | SV Wannweil | 14:36 |
| 4 | X | Kai Laue | | OLG Ortenau | 18:11 |
| 5 | X | Alexander Kraus | | SV Wannweil | 18:53 |
| 6 | | Frederik Dammeier | | SV Baintd | 18:59 |
| 7 | | Robin Maiwald | | TV Mönchweiler | 19:22 |
| 8 | | Michael Krassowizkiy | | OLF Mainz | 20:29 |
| 9 | X | Steffen Rendich | | SV Wannweil | 23:04 |
| 10 | | Manuel Werner | | SV Wannweil | 26:34 |
| 11 | X | Max Unger | | SV Wannweil | 33:12 |
| 12 | | Linus Stöhr | | SV Wannweil | 35:10 |
| | X | Philip Halder | | SV Baintd | N Ang |
| H-14 (6) | | | | | |
| 1 | X | Erik Döhler | | TUS Karlsruhe-Rüppurr | 27:02 |
| 2 | X | Paul Schmid | | OL-Team Filder | 28:44 |
| 3 | X | Wieland Witzel | | GTS Gundelfingen | 29:26 |
| 4 | X | Simon Hirschmiller | | TGV Horn | 38:50 |
| 5 | X | Colin Vavra | | GTS Gundelfingen | 39:55 |
| | X | Simon Bückle | | GTS Gundelfingen | Fehlst |
| H-16 (2) | | | | | |
| 1 | X | Bernhard Berle | | SV Baintd | 37:21 |
| 2 | X | Philipp Perez | | TV Mönchweiler | 46:00 |
| H-18 (3) | | | | | |
| 1 | X | Shankara Isha Berger | | GTS Gundelfingen | 46:27 |
| 2 | X | Mario Schilli | | OLG Ortenau | 53:53 |
| 3 | X | Jonathan Schach | | SV Wannweil | 59:52 |
| H19 (24) | | | | | |
| 1 | X | Sascha Dammeier | | SV Baintd | 51:10 |
| 2 | X | Andreas Kundendorf | | GTS Gundelfingen | 55:39 |
| 3 | X | Ananda Berger | | GTS Gundelfingen | 57:55 |
| 4 | X | Immanuel Berger | | GTS Gundelfingen | 58:37 |
| 5 | X | Klaus Schwind | | TGV Horn | 59:46 |
| 6 | X | Lothar Halder | | SV Baintd | 1:00:13 |
| 7 | X | Jakob Schaal | | TV Kippenheim | 1:05:02 |
| 8 | X | Camill Harter | | OLG Ortenau | 1:05:24 |
| 9 | X | Julian Engeser | | GTS Gundelfingen | 1:07:17 |
| 10 | X | Johannes Hohnheiser | | SV Baintd | 1:11:50 |
| 11 | X | Martin Schwarz | | TGV Horn | 1:12:23 |

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| H19 (24) | | | | | <i>(Forts.)</i> |
| 12 | X | Johannes Kreutle | | SV Baidt | 1:13:28 |
| 13 | | Georg Hinkel | | SV Robotron Dresden | 1:15:55 |
| 14 | | Stephan Haenelt | | OL-Team Filder | 1:19:05 |
| 15 | X | Michael Biedermann | | OL-Team Filder | 1:25:54 |
| 16 | X | Steffen Hartmann | | TGV Horn | 1:27:15 |
| 17 | X | Michael Sinsbeck | | OL-Team Filder | 1:31:50 |
| 18 | X | Markus Maier | | SV Baidt | 1:34:39 |
| 19 | X | Michael Laun | | TGV Horn | 1:37:01 |
| 20 | | Marco Moder | | Metzingen | 1:51:59 |
| | X | Michael Martin | | TGV Horn | Fehlst |
| | | Jens Eipper | | WOLF | Fehlst |
| | | Benjamin Barth | | Pfullingen | Fehlst |
| | X | Andreas Hoferer | | OLG Ortenau | N Ang |
| H40 (19) | | | | | |
| 1 | X | Benedikt Funk | | OLG Ortenau | 42:06 |
| 2 | X | Marcus Schmidt | | TSG 1885 Wiesloch e.V. | 43:12 |
| 3 | X | Rolf Wüstenhagen | | GTS Gundelfingen | 45:56 |
| 4 | X | Magnus Berger | | GTS Gundelfingen | 46:37 |
| 5 | X | Stefan König | | OLG Ortenau | 47:49 |
| 6 | X | Michael Witzel | | GTS Gundelfingen | 53:12 |
| 7 | X | Martin Herzog | | OLG Ortenau | 53:51 |
| 8 | X | Klemens Jörger | | TV Kippenheim | 54:00 |
| 9 | X | Ewald Eyrich | | OLG Ortenau | 54:12 |
| 10 | X | Peter Heim | | OL-Team Filder | 58:27 |
| 11 | | Jürgen Schmidt | | TSV Meiningen | 1:00:38 |
| 12 | X | Thomas Gropp | | TUS Karlsruhe-Rüppurr | 1:05:35 |
| 13 | X | Wolfram Maiwald | | TV Mönchweiler | 1:09:08 |
| 14 | | Enrico Bosecke | | USV TU Dresden | 1:11:38 |
| 15 | X | Armin Kösegi | | TV 1895 Bad Rappenau | 1:15:30 |
| 16 | | Ernst Eipper | | WOLF | 1:23:43 |
| 17 | X | Andreas Müller | | OL-Team Filder | 1:31:19 |
| | X | Simon Parker | | OL-Team Filder | Fehlst |
| | X | Rainer Hirschmiller | | TGV Horn | N Ang |
| H50 (13) | | | | | |
| 1 | X | Bernd Döhler | | TUS Karlsruhe-Rüppurr | 36:57 |
| 2 | X | Winfried Fugmann | | TV Jahn 08 Zizenhausen | 52:05 |
| 3 | X | Karl Berle | | SV Baidt | 57:10 |
| 4 | X | Berthold Kucza | | TGV Horn | 59:16 |
| 5 | | Yuriy Krassowizkiy | | OLF Mainz | 1:01:21 |
| 6 | X | Heinz Sigle | | TGV Horn | 1:02:26 |
| 7 | | Wolfgang Honigberger | | ohne Verein | 1:10:13 |
| 8 | X | Herbert Reichle | | TV Jahn 08 Zizenhausen | 1:14:47 |
| 9 | X | Rolf Pfiz | | OL-Team Filder | 1:23:34 |
| 10 | X | Martin Laue | | OLG Ortenau | 1:23:41 |
| 11 | | Bernd Bellenberg | | OL-Team Filder | 1:33:47 |
| | | Jürgen Huhn | | Marathon S Metzingen | Fehlst |
| | | Viktor Straessler | | OLK Rafzerfeld | N Ang |

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| H60 (9) | | | | | |
| 1 | X | Friedrich Vischer | | OL-Team Filder | 35:57 |
| 2 | X | Heinrich Kern | | SV Baintdt | 40:53 |
| 3 | X | Rainer Sickerling | | OL-Team Filder | 42:55 |
| 4 | X | Siegfried Wörner | | OL-Team Filder | 44:10 |
| 5 | X | Hans Dürre | | OLG Elsenzgau | 53:23 |
| 6 | X | Peter Deak | | TGV Horn | 57:44 |
| 7 | X | Hans Hartmann | | TGV Horn | 1:01:38 |
| | X | Rolf Leich | | OL-Team Filder | Fehlst |
| | | Ute Edlund | | ohne Verein | Fehlst |
| Offen Kurz (4) | | | | | |
| 1 | | Andrea Rosemeier | | TUS Karlsruhe-Rüppurr | 16:54 |
| 2 | | Axel-Joerg Haenelt | | IHW Alex Berlin | 20:57 |
| | | Daniel Heim | | SV Pfrondorf | Fehlst |
| | | Astrid Günther | | TSV Meiningen | N Ang |
| Offen Lang (18) | | | | | |
| 1 | | Robert Miess | | Esslingen | 35:55 |
| 2 | | Attila Kovacs | | ohne Verein | 39:54 |
| 3 | | Benjamin Brügel | | TUS Immenstaad | 39:58 |
| 4 | | Thomas Freudenmann | | TSV Hausen i.K. | 41:58 |
| 5 | | Birigitta Hohnheiser | | SV Baintdt | 46:41 |
| 6 | | Matthias Kühlewein | | DARC Tübingen | 48:08 |
| 7 | | Nick Roethe | | DARC Tübingen | 51:21 |
| 8 | | Michael Pfeifer | | ohne Verein | 53:51 |
| 9 | | Reinhold Kraus | | Geretsried | 54:56 |
| 10 | | Dagmar Götz | | Geretsried | 55:01 |
| 11 | | Susanne Walz | | DARC Tübingen | 1:12:25 |
| 12 | | Ingrid Berle | | SV Baintdt | 1:12:35 |
| 13 | | Hansotto Kelp | | ohne Verein | 1:21:05 |
| 14 | | Brigitte Roethe | | DARC Tübingen | 1:22:05 |
| 15 | | Harald Dettling | | DARC Tübingen | 1:35:15 |
| 16 | | Rainer Brettel | | ohne Verein | 1:36:34 |
| 17 | | Timon Brettel | | ohne Verein | 1:36:36 |
| 18 | | Arne Bödker | | TV Mönchweiler | 1:52:03 |
| H70 (4) | | | | | |
| 1 | | Gerhard Horn | | TGV Horn | 46:33 |
| 2 | | Winfried Horn | | TV Murrhardt | 58:21 |
| 3 | | Hans Schöpp | | TV Mönchweiler | 1:02:25 |
| 4 | | Waldis Greiselis | | TSV Stettfeld | 1:25:48 |